Anna Manada Morthern expendence Norther Embracea Giant Spirit

New experiences designed for Group, MICE and FIT Organisers

We know what makes NOMBRE MAN special Aifferent from anywhere else.

The people of Northern Ireland are giant-spirited.

This spirit fires the welcome they extend to visitors and it sparks a response in their guests. Come to Northern Ireland to share our giant spirit and to awaken yours.







Our tourism brand comes to life through the collection of **unique experiences featured in this guide.** Many more are springing up all over Northern Ireland. Watch this happen at **embraceagiantspirit.com**

You and your clients will be surprised and awakened by our giant experiences – of culture, landscapes, our legends, our cities, our coast and our food.

We make it easy for you.

Easy to find unforgettable experiences for your clients. Easy to locate first-class hosts and exceptional food and drink. Easy for you to create itineraries so joined-up, so seamless, that they feel effortless.

We invite you to embrace our Giant Spirit and to awaken your own.

Find out more about the experiences and how to book them at **embraceagiantspirit.com**



You meet **people who are more than welcoming**. They're enjoying life and are keen to share it with you. They're great hosts. They share their food, their music and their stories. They love Northern Ireland and it's infectious. **You embrace it**.

Belfast Food Tour, Belfast

Taste



You encounter our **giant spirit everywhere in Northern Ireland.** It can take you by surprise.

When you **start exploring** – you find it.

The giant spirit is here in **vivid experiences.**

It's in **journeys and adventures** in beautiful, elemental landscapes.

It's in **quiet conversations** with **fascinating people** and in our renowned craic.

Experiences to

awaken the Giant spirit in your clients

Northern Ireland surprises people It changes them.

We'd say it's our giant spirit that brings them to life.

It awakens their senses, fires their imaginations, stretches their muscles and maybe touches their soul.

It's not just what they do here, it's the people they meet and the way it all makes them feel. Encountering a giant spirit can change people for life.

Our branded experiences are designed to unlock the giant spirit in your clients.

"

Etihad Australia, Familiarisation Visit 2018

"Today has been absolutely breathtaking; the scenery has been pretty spectacular and also not as infiltrated by people as much as many other places which is pretty special..."

"The scenery... every corner is more beautiful than the last"

"The building (Titanic Belfast) is remarkable, it's just awe-inspiring"

"It's amazing, it's been fantastic. Game of Thrones[®] if you're into it it's the place to come...and if you're not into it, it's still fantastic"









This is still the undiscovered corner of the island of Ireland. There is space here and time to enjoy it.

Northern Ireland – Embrace a Giant Spirit experiences are original and bookable. They are adaptable and can be tailored to your group.



Big-hearted hosts

Befriending strangers and making sure they enjoy themselves comes naturally to us. Our experience providers really care about your clients and will go out of their way to help you.

Every provider of a **Northern Ireland – Embrace a Giant Spirit** experience has committed to our brand promise. This means you can be assured you will encounter only authentic and distinctly Northern Irish experiences.



Variety

There is so much variety. From early-morning fishing to late-night dancing, wide mountains to intimate bars, cosy cottages to world-class hotels, from chips on the beach to Michelin stars, each encompasses our giant spirit.

Northern Ireland – Embrace a Giant Spirit experiences emphasise the unusual, the original and the distinctively Northern Irish.



It's all so Conveniently Close

Everything you want to experience is close at hand.

The **Northern Ireland – Embrace a Giant Spirit** brand covers the whole of Northern Ireland and allows you to create high-quality itineraries to suit the needs and interests of your clients.





Meet your Bighearted Hosts

We are a joined-up **network of businesses** ready to work with you. We know each other well and have developed the Northern Ireland – Embrace a Giant Spirit brand together.

Our giant spirit puts the warmth in our welcome. **We value visitors** and enjoy spending time with them. We understand your **clients' holiday is the most important time of their year** and will work hard to make it great for them.

Some of us are the **biggest visitor attractions** in Northern Ireland, others are **small businesses**, like farmers or fishermen, with something interesting to show you.

Large and small, we share a **commitment to high quality.**

We know that everyone is different and so offer **individually-tailored experiences**. If you tell us what your clients want, we will do whatever we can to make that happen.





Introducing our Northema Embrace Aggiant Spirit experiences

This brochure showcases more than 50 of our **Northern Ireland Embrace a Giant Spirit Experiences.**

Further experiences are being developed.

To find out more and book your Giant Spirit adventure, go to embraceagiantspirit.com



our Giznt Experiences

- Belfast Street Art Walking Tour ______ Seedhead Arts
 Belfast Traditional Music Trail ______ An Droichead
- 3 Hidden Huntley _____ Walkit OFF NI
- 4 Lagan Legends Walking Tour _____ Belfast MIC Tours
- 5 CS Lewis Beyond the Wardrobe ______ Hidden Ulster Tours
- 6 The Gaol Experience _____ Crumlin Road Gaol
- 7 Titanic Belfast The Discovery Tour 18 Titanic Belfast
- 8 A History of Terror _____ DC Tours
- 9 Belfast Food Tour _____ Taste & Tour
- 10 Hillsborough Castle & Gardens Hillsborough Castle & Gardens
- 11 Whiskey on the Rocks _____ The National Trust & Bushmills Distillery
- 12 Afternoon Tea at Glenarm Castle _____ Glenarm Castle

- 13 Sailing in the Wake of Giants _____
- AnCestral Adventure _____ Roots Revealed
- 16 Walking the Edge _____ The Gobbins Cliff Path
- 17 Coastal Canters _____ Sheans Horse Farm
- 18 Toast the Coast NI _____ Toast the Coast NI
- (19) off the Beaten Track Game of Thrones Private Tours _____ 31 Giant Tours Ireland
- 20 Beyond the Bridge ______
- 21 Catch & Sea _____ Causeway Coast Foodie Tour
- 22 Wonders of Land and Sea _____ The National Trust & Ballycastle Sea Tours
- 23 Digging for Bread & Gin _____ Bakehouse NI
- 24 Stars & Stones _____ OM Dark Sky Park and Observatory

- 25 Wild Atlantic Pistillery Tours, CoCktail, Gin & Vodka School ______ Wild Atlantic Distillery
- 26 Foodie CyCle Tour Far&Wild
- 27 Lough Neagh Fishing Experience _____ Lough Neagh Tours
- 28 Giant's Eye View _____ Cutting Edge Helicopters
- 29 Wee Buns Cookery School _____ Wee Buns Cookery School
- 30 Folkways & Ritual Landscapes ____ Foyle Trails
- 31 Sheepdogs at Work _____ Glenshane Farm
- 32 Unlocking the Walled City _ Visit Derry
- 33 Discover Beaghmore ____ Embrace Tours
- 34 Seamus Heaney HomePlace _____ Seamus Heaney HomePlace
- 35 Explore the Historic Hill of the O'Neill Hill of the O'Neill
- 36 Game of Thrones Sea Safari _____ 4 Aquaholics

- 42 Enniskillen Taste Experience _ Enniskillen Food Tours
- 43 Long Meadow Cider Farm Tour & Tasting Experience Longmeadow Cider
- 44 SUP-niC (SUP & PiCnic) ____ SUP Hub NI
- 45 Killowen Distillery Tour and Tasting 60 Killowen Distillery
- 46 Gardens Reawakened _____ Montalto Estate
- 47 Tracey's Farmhouse Kitchen Experience Tracey's Farmhouse Kitchen Experier

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 Sunrise SUP & Yoga
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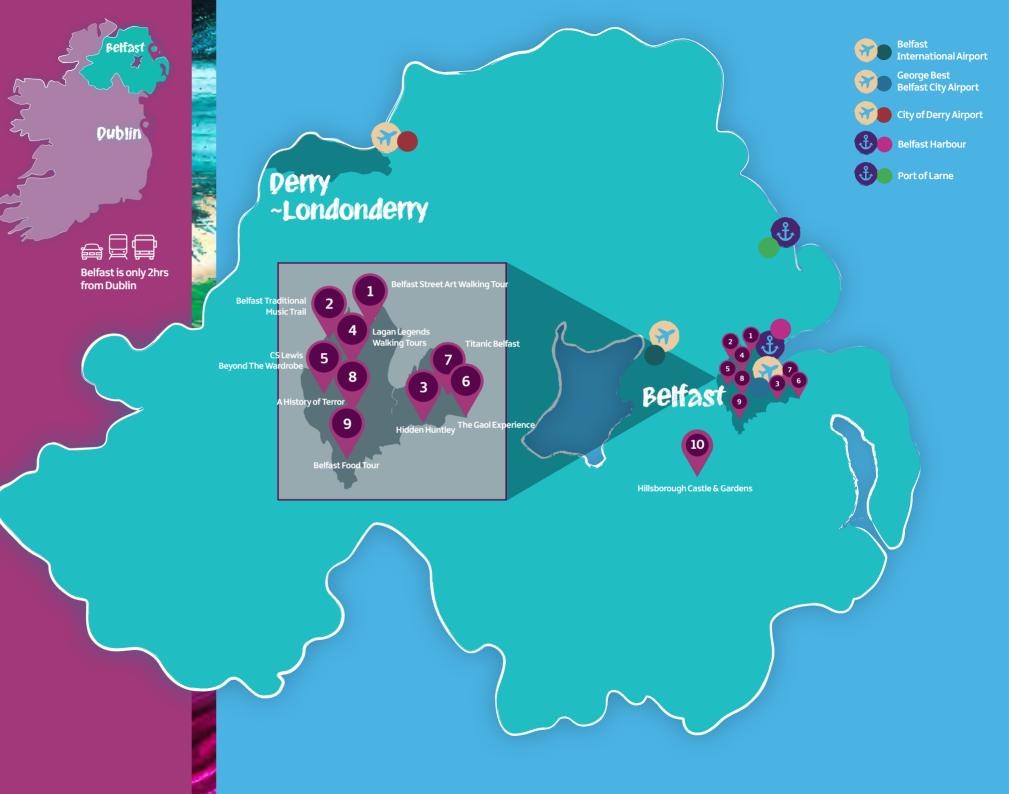
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Belifast City & Surrounds

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- 2 Belfast Traditional Music Trail An Droichead
- 3 Hidden Huntley Walkit off NI
- 4 Lagan Legends Walking Tour Belfast MIC Tours
- 5 CS Lewis Beyond the Wardrobe Hidden Ulster Tours
- 6 The Gaol Experience Crumlin Road Gaol
- 7 Titanic Belfast The Discovery Tour Titanic Belfast
- 8 A History of Terror DC Tours
- 9 Belfast Food Tour Taste & Tour
- 10 Hillsborough Castle & Gardens Hillsborough Castle & Gardens



The first thing you'll notice when you walk the streets of Belfast is the walls. You'll see mural art in almost every corner of the city.

Once this art reflected the divisions in the city, but now artists are painting walls that bring people together instead of keeping them apart. Seedhead Arts know the artists and their the stories. Their 'Street Art Walking Tour' is devised by local people at the heart of this scene.

On this two-hour guided tour, you'll see Belfast's best street art. You'll gain an understanding of the city's relationship with its art and how it's helping to forge a narrative for the city. So keep your eyes peeled. You'll be meeting masterpieces in all sorts of unexpected places! Seedhead Arts Adam Turkington info@Seedheadarts.com +44 (0) 7843 590097 seedheadarts.com

Duke of York 7-11 Commercial CourtBelfast, Northern Ireland, BT1 2NB United Kingdom

> Book on website or contact directly for groups Min 1 Max 24

Beeliessi Traditional Music Trail

Belfast is one of the best cities in the world for traditional Irish music. Join us on the trail to gain unique access to the magic of "the session".

Walk through Belfast's cobbled alleyways with two professional musicians as your guides. You'll discover a living tradition of Irish music thriving throughout the city.

At each stop you are treated to a performance of traditional tunes, songs and stories, all of which make up your own personal 'session'. Enjoy a local beer, cider, whiskey or Guinness while learning about the instruments, language, customs and history that make up Ireland's vibrant musical tradition. Sessions are convivial, intimate and animated. Everyone can join in, sharing the stories and enthusiasm of the players, and learning a new song or a dance. An Droichead Claire Kieran info@belfastradtrail.com +44 (0) 28 9028 8818 belfasttradtrail.com

> Location: Belfast City Centre

Group bookings contact via email or phone Min 2 Max 30 for private booking (alternative versions are available for increased numbers)



ANALA CONT

This small-group, walking and artisan food experience is led by local guide Nikki Elliott. Nikki weaves a story of food and family around the lovely natural landscape and forests of the area.

After a morning immersing yourself in nature and exploring the beautiful parkland of the Lagan Valley, you'll arrive at the Huntley House. The house's 200 year-old walled private garden is an oasis of peace and tranquillity. Here you'll enjoy a delicious al fresco lunch showcasing the area's organically-grown, seasonal produce.

After lunch and a little time to relax, you'll be invited to explore the estate with owner and expert storyteller Antonia Malcolm.

Walk it Off NI Nikki Elliot nikki@walkitoffni.com +44 (0) 7968 816988 walkitoffni.com

Location: Ability Café at the Stables, Sit Thomas & Lady Dixon Park, Upper Malone Road, Belfast, BT17 9LA

Book online, group bookings contact via email or phone **Min 4 Max 8**

The story of one of the world's greatest shipbuilding cities and what it was like to work there when the Titanic was built.

Local guide Donal Kelly is an expert on that vibrant part of Belfast now known as the 'Titanic Quarter'. His great-grandfather worked as a joiner at the Harland & Wolff shipyard during the construction of the RMS Titanic and her sister ships, the Olympic and Britannic. This captivating tour brings to life the sites he would have known as a young man. See the dry docks, slipways, and drawing offices of Harland & Wolff, as well as two ships: the SS Nomadic and HMS Caroline.

Then try your hand at 'Pitch and Toss', a game played by shipyard workers out of sight of the 'Hats' (managers). Donal recreates the experience using real pennies from the era. Belfast MIC Tours Donal Kelly info@belfastmictours.com +44 (0) 7563 167521 belfastmictours.com Location: The Big Fish, Donegall Quay, Belfast BT1 3NG

Online booking via web or email for Group Booking Enquiries Lagan Legends Walking Tour -Min 4 Max 20 Lagan Legends Cycle Tour -Min 2 Max 8 Multiple groups can be accommodated simultaneously.

Benondere Benond

CS Lewis, author of The Chronicles of Narnia, was born in east Belfast in 1898. On this tour you'll see how the city shaped his imagination as a young boy.

Your guide, Lolly Spence will show you the church where CS Lewis was baptised as a baby in 1899. You will also visit the rectory next door where Lewis's grandfather used to live. Look up at the doorknob - it has a Lion on it! You can almost feel the magic that inspired the famous novel! On Belfast's C.S. Lewis Square Lolly will introduce you to sculptures representing characters from The Lion, The Witch and The Wardrobe, including Aslan, the White Witch, Mr Tumnus and the Beavers. You'll visit many other sites associated with the author, too. Not to mention a great Narnia-inspired café. Hidden Ulster Tours Lolly Spence Ispence@hiddenulstertours.com +44 (0) 7900 988886 hiddenulstertours.com

> Location: Eastside Visitor Centre, 404 Newtownards Road, Belfast BT41HG

For group bookings contact by telephone or email. Scheduled tours run every Saturday at 11am and 12pm for FITs Min1 Max 50

In its 150 year history Crumlin Road Gaol housed more than 25,000 prisoners. This is your chance to see where inmates including many prominent political figures were held.

No longer used as a prison, today the gaol is a leading visitor attraction and event venue with coach-parking facilities. On your 60 minute self-guided tour, you'll pass through the echoing halls of the Central Circle, the cramped cells of C Wing and the execution chamber too. 17 men were executed in the Hanging Cells – 6 were executed by famous hangman Thomas Pierrepoint.

Experience first-hand what being locked up in a chilly 12-by-7-foot cell was like. You'll see for yourself how prison life evolved from one era to the next. Despite its reputation as "Europe's Alcatraz", the gaol had its share of escape attempts. After spending an hour inside its walls, it's easy to see why! Crumlin Road Gaol nfo@crumlinroadgaol.com crumlinroadgaol.com +44 (0) 28 90741500 CRUMLIN ROAD GADL

Location: Crumlin Road Gaol Visitor Attraction & Conference Centre, 53–55 Crumlin Road, Belfast BT14 6ST

Booking info crumlinroadgaol.com/tours/ crumlin-road-gaol-experience Min 1 Max 14 For bookings of 15 people or more, contact groups@crumlinroadgaol.com or via phone. An overview of group packages can be found at crumlinroadgaol.com/group-school-visits

Belfast The Discovery Tour

Towering achievements of engineering. Extraordinary acts of heroism. Terrible tragedy. You'll encounter them all on this very special tour.

The perfect complement to the Titanic Experience, this guided tour puts you on the very spots where the great ship was built and launched.

Marked out on one of the slipways you'll even see a plan of RMS Titanic's promenade deck. The locations of the liner's lifeboats and funnels are marked; the benches are positioned exactly as they would have been on onboard. You'll also see the famous Harland & Wolff drawing offices where RMS Titanic

was designed. You'll find out all about the equally magnificent Titanic Belfast building, a masterpiece of modern architecture. Discover the symbols and signs incorporated into its design! **Titanic Belfast** groups@titanicbelfast.com +44 (0) 28 9076 6386

Location: 1 Olympic Way, Queen's Road, Titanic Quarter, Belfast BT3 9EP

Min 10 Max 25 Multiple groups can be

accommodated simultaneously. For groups, please book via email groups@titanicbelfast.com

A Mission of Devroy

Learn about Northern Ireland's recent history from those who lived through it.

This walking tour is a fascinating, objective exploration of the most turbulent period in Belfast's recent past and what it was like to grow up during 'the Troubles'. Covering seven different locations, it helps visitors to make an emotional connection with Belfast and to understand a dark chapter of its history. During the tour's two and a quarter hours our local expert guides explain why the Troubles started, where some of its most important events occurred, how the two communities achieved peace and how the early 1990s ceasefire led to the city's regeneration.

'A History of Terror' is suitable for all visitors, regardless of how much or little you already know of this turbulent period in Northern Ireland's history. DC Tours Mark Wylie cu@deadcentretours.com +44 (0) 7716 949460 deadcentretours.com

> Location: Belfast City Centre

Booking: Scheduled Tours: deadcentretours.com/tours/ahistory-of-terror-the-tour/ Private Tours: Email or Call. Capacity Scheduled Tours: Min 1 Max 25. Private Tours: Min 1 Max 100 (multiple guides)

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POODESTI FOODLTOUR

Discover the real Belfast – one bite at a time

Caroline is passionate about Northern Irish food, about Belfast and about introducing visitors to both of them. Her tours take you into quiet streets and behind closed doors. Here you'll meet the people who are using fantastic local ingredients in innovative ways to create world-class products.

These are producers with an infectious love for their food and drink. They want to share it, talk about it and help you enjoy it. It's a great way to encounter the real spirit of the people of Belfast and enjoy some fabulous food.

As Caroline says, "The Northern Irish welcome is legendary, so with the locals we meet along the way, guests get to experience the true spirit of hospitality here." Taste & Tour Caroline Wilson/ Nicola Johnston hello@tasteandtour.co.uk +44 (0) 28 90457723 tasteandtour.co.uk

> Location: Belfast City Centre

Please email for group quote. FITs may book via the "book now" on the below website URL.

> Groups tours: Min 20, No Maximum.

Hillsborough Dessee Descences

Explore the state rooms and stunning gardens of Northern Ireland's only royal residence.

Hillsborough Castle has seen a lot of eminent visitors over the years. Some of them have presided over affairs of state. Others have thrown big parties. Others still have negotiated peace.

Today Hillsborough is the official Northern Ireland residence of HM The Queen. But it's also a nice place to have a wander, enjoy a meal or snack in the castle's cafe and soak up a bit of history.

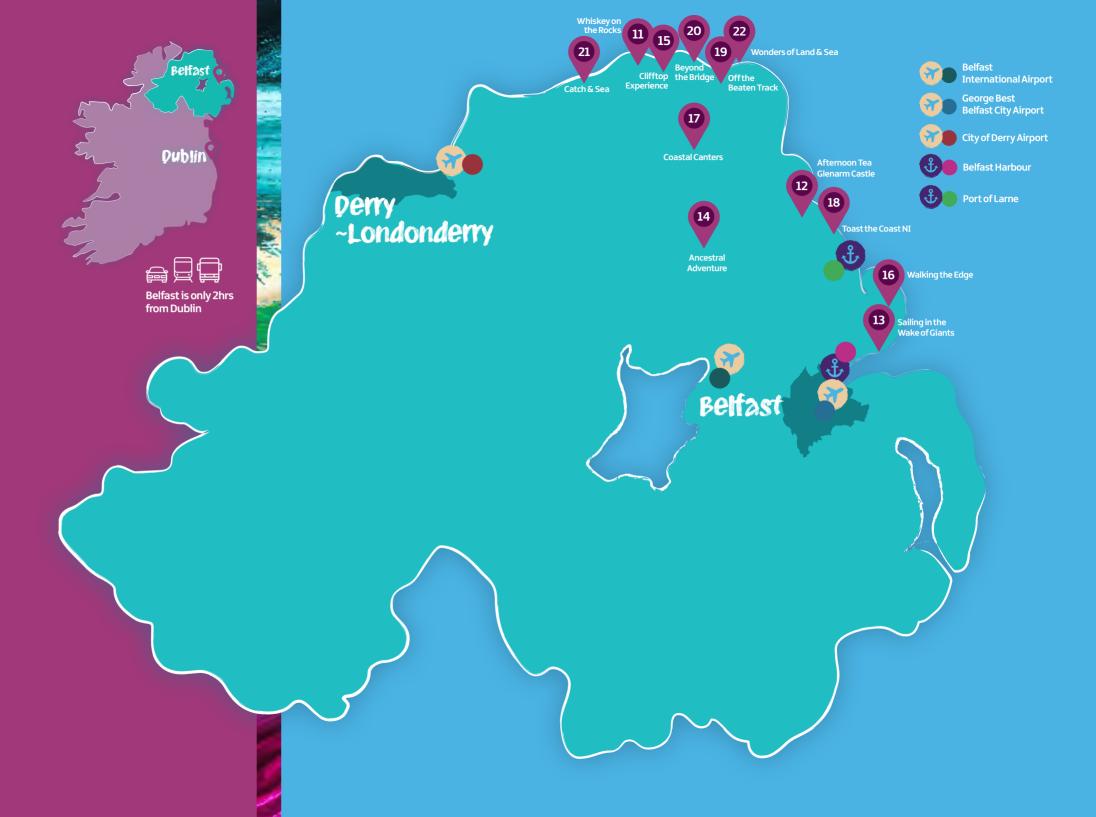
Expert guides welcome you into the elegant State Rooms used used for official events: the magnificent Throne room, the relaxing State Drawing Room, Lady Grey's Study, the State Dining Room and the Red Room. And don't miss the fabulous gardens – there's over a 100 acres of manicured grounds to explore. Hillsborough Castle & Gardens info@hrp.org.uk +44 (0) 28 9268 1300 hrp.org.uk/Hillsborough-Castle

> Location: Hillsborough Castle & Gardens, The Square, Hillsborough, Co. Down BT26 6HR

Book via website contact via email/phone No Min Max 30 Multiple groups can be accommodated simultaneously.

The Causeway Coastal Route

- 11 Whiskey on the Rocks The National Trust and Bushmills Distillery
- 12 Afternoon Tea at Glenarm Castle Glenarm Castle
- 13 Sailing in the Wake of Giants Following Seas
- 14 AnCestral Adventure Roots Revealed
- 15 Clifftop ExperienCe Away a Wee Walk and The National Trust
- 16 Walking the Edge The Gobbins Cliff Path
- 17 Coastal Canters Sheans Horse Farm
- 18 Toast the Coast NI Toast the Coast NI
- 19 Off the Beaten Track Game of Thrones Private Tours Giant Tours Ireland
- 20 Beyond the Bridge Dalriada Kingdom Tours and The National Trust
- 21 Catch & Sea Causeway Coast Foodie Tour
- 22 Wonders of Land & sea Ballycastle Sea Tours and The National Trust



Whiskey on the Rocks

How do you take your whiskey? With a little geology!

Here's your opportunity to sample an unforgettable Northern Irish whiskey in an unforgettable Northern Irish location. Enjoy a glass of Bushmills 12 year-old malt amongst the basalt columns of the National Trust's Giant's Causeway, a UNESCO World Heritage Site. Whiskey on the rocks doesn't get any better!

Your guide and storyteller will lead you to a sheltered spot among the Causeway's basalt columns. On the way you'll learn about hard-working distillers, the winding River Bush, and Bushmills itself. The oldest licensed whiskey distillery in the world, whiskey has been made there for over 400 years.

You'll hear the legend of the two brawling giants who built the Causeway too. Finn McCool and Benandonner were their names. And where better to raise a glass to them than right here? The National Trust and Bushmills Distillery Ciara McClements Ciara.mcclements@nationaltrust.org.uk +44 (0) 28 2073 3419 nationaltrust.org.uk/giants-causeway

> Location: Giant's Causeway. 44 Causeway Road, Bushmills BT578SU

For group bookings please contact Giant's Causeway Booking Office on +44 (0) 28 2073 1855 or email NorthCoastBookings@nationaltrust.org.uk Min 2 Max 12

As the distinguished guests of Lord and Lady Dunluce's butler, you'll enjoy an exclusive behind-thescenes tour of Glenarm Castle and Garden.

With George the castle butler as yourroom asguide, you'll hear the story of the familydeliciouwho live in this beautiful and historic place.stories.You'll discover unique art and artefacts.You'll even see a treasure chest from theSpanish Armada.Stories.

Your tour includes a peaceful stroll through the walled garden, bursting with colour throughout the summer season. Then, it's time for a most civilised afternoon tea. Relax in the family dining room as George serves up Champagne, a delicious cream tea and some of his best stories. Glenarm Castle Adrian Morrow adrian@glenarmcastle.com +44 (0) 28 2884 1203 glenarmcastle.com

> Location: Glenarm Castle, Glenarm, Co. Antrim

> > Min 6 Max 12

Sanna in the second sec

This thrilling adventure shows you spectacular Belfast Lough the way it was meant to be seen: from the water.

Harness the power of the wind to speed across the Lough (say 'lock' – it's the Irish word for lake). By pulling together and working as a team you can help the yacht reach ever higher speeds. Being carried along by the wind is a wonderful exercise in mindfulness and sustainability, just like your lunch onboard, served on bamboo plates.

Your guide will point out the sights, from the towering cranes of the Harland & Wolff shipyard to the Royal Belfast Golf Club, the oldest golf club on the island.

Once you get back on dry land, the Marina at Carrickfergus has bars, restaurants, playgrounds, even a 12th century Castle. Following Seas Elwyn Agnew info@followingseas.co.uk +44 (0) 7975 567333 followingseas.co.uk There are the owners

and the second second

Location: Carrickfergus Marina, Berth M7 -----Book via website Min 3 Max 8

Ancestrai Adventure

Ever dreamed of visiting the cottage (or castle) where your ancestors grew up?

This is a tour as unique as your genealogy. Your guide Natalie will arrange a bespoke itinerary and take you on a visit to the places that are important to you, and were important to your ancestors.

Natalie is an expert on tracing the roots of members of the Irish, Scotch-Irish and Ulster-Scots diaspora, and can ensure a visit to Northern Ireland that is utterly individual for you. She can build an itinerary based on what you already know, or can research your family history and base your tour on her findings, your budget and the time available. All of this allows you to do that amazing, spine-tingling, once-in-alifetime thing: to walk in the footsteps of your ancestors. Roots Revealed Natalie Bodle enquiries@rootsrevealed.co.uk +44 (0) 7935 315235 rootsrevealed.co.uk

Location: The Ancestral Adventures tour can be devised for locations throughout Northern Ireland, but Roots Revealed is based in Ballymena, County Antrim.

Email to find out more about devising an itinerary. Min 1 Max 10



THE SHALT CALL THY GATES PRAISE ISAL IN.

CIERCE P.

Experience the Giant's Causeway from a whole new angle.

The best way to avoid the crowds and get into the heart of a place is to explore it with a local friend. That's what walking the Causeway Coast with Eimear Flanagan or one of her team is like.

They describe these as 'their' cliffs and delight in sharing them. They'll bring you along quiet routes to the best views of the famous National Trust Giant's Causeway routes that most visitors don't even know exist. The five-mile walk through Northern Ireland's only World Heritage Site is a personal discovery of a spectacular coastline.

"This is 3.5 hours of breathtaking views taking in the land, sea, flowers", says Eimear, "views to Rathlin, Islay, Scotland and Donegal... It's an onslaught of beauty from beginning to the end!" Away a Wee Walk and The National trust Eimear Flanagan eimear@awayaweewalk.com +44 (0) 7837 703643 awayaweewalk.com

> Location: Giants Causeway

FIT's can be book direct. For group and trade bookings please get in contact. **Min 3 Max 25**



Walking the Edge

Step out and find yourself between earth, sea and sky.

The Gobbins, a spectacular coastal walk, offers a unique tour along the cliffs of Northern Ireland. Enjoy dramatic views across the sea to Scotland or watch waves roll in from the Irish Sea while seabirds fly overhead.

Wearing boots and hard hats supplied to you, you'll weave your way along basalt cliffs, through the tunnels and hidden caves where the smugglers of days gone by hid their loot, and the wildlife of today calls home.

Discover the triumph of Victorian engineering and experience one of the most enthralling coastal walks along the Causeway Coastal Route.

"The Gobbins seems to awaken many emotions in our visitors... feel the sea wind against your face and taste the sea salt on your lips." The Gobbins Cliff Path Carole Long Carole.long@midandeastantrim.gov.uk +44 (0) 28 2826 2361 thegobbinscliffpath.com

> Location: The Gobbins Visitor Centre Middle Road, Islandmagee Co Antrim, BT40 3SL

> > 1221 200

Book online on website, operators please contact Carole Long. Max 15



Coastai Canders

Experience the best of what the north coast has to offer from a different perspective: on horseback.

Horseback is a timeless way to explore, connecting you to the land and to the people over the centuries who have ridden there before you. Become one with your surroundings, the sound of the coast, and the touch of a breeze.

With your companions for the day - a local guide from Shean's Horse Farm and an Irish Cob, carefully chosen to match your riding skills and ambitions-you can decide if you want to ride gently into the Antrim Hills, or take off for the beach and a windin-your-hair canter across magnificent wide sands.

"Riding on the North Coast has been rated as one of the top horse riding experiences in the world."

Sheans Horse Farm Danny McKinley danny@sheanshorsefarm.com +44 (0) 7759 320434 sheanshorsefarm.com

Location: 38 Coolkeeran Road, Armoy, Co. Antrim, BT54 6LP

Book online or by telephone for groups of 15 or more Min 2 Max 30

CO2Stor

From coastline to countryside, this is a landscape of stunning beauty and abundance.

If you are delighted by the finest foods and drink, Portia Woods will endear the Causeway Coast to you.

Her intimate knowledge of the region's food and her personal relationships with its exceptional bakers, chefs, brewers, and distillers make this coastal journey very special. Stunning views of cliffs, sea and rolling glens, visits to harbours and fishing villages along this dramatic edge of Northern Ireland sets the scene for an unforgettable day of food tasting.

The food and drink- all of it made from local ingredients- is marvellous, but it is the enthusiasm, pride and friendliness of the people who create it that will fix the day in your memory. Toast the Coast NI Portia Woods foodie@toastthecoastni.com +44 (0) 7896 414074 toastthecoastni.com

Book online or by telephone for groups of 15 or more.

off the Beaten Track Came of Thrones Private Tours

Meet Flip Robinson - your guide on the ultimate Game of Thrones® locations tour. A man who doesn't just know a lot about the show - he was actually in it!

The locations Flip will guide you to are a thrill to experience in their own right, and with his insider knowledge Flip will make sure you get up close and personal with every one. Between locations you'll travel in Flip's air-conditioned long wheel-base VW Transporter Shuttle, a perfect opportunity to hear his behind-the-scenes stories of the making of Game of Thrones®.

He's a local man, in fact many of the filming locations are in his own backyard. He is also delighted to pass on his knowledge of the geological processes that created the beautiful coastal landscape. Giant Tours Ireland Flip Robinson flip@gianttoursireland.com +44 (0) 7555 655900 gianttoursireland.com

Location: Belfast pick up available, tour based on Causeway Coast

> Book online or contact via email or phone Min 1 Max 8

Beyond the Bridge

Follow in the footsteps of generations of fishermen and cross the bridge from the present to past.

The adrenalin rush of crossing the National Trust Carrick-a-Rede Rope Bridge attracts visitors from around the world, but from the mid 1700's until the early 21st century it was a pathway to a fishing industry that sustained generations of local families. Your guide takes you along the footsteps of those salmon fishermen down to a fishermen's hut, which has remained unchanged for decades. It's where fishermen sheltered, rested and told stories, and you can do the same, as their lives unfold in vivid detail.

"I want people to know they can come and feel the warmth of the embrace and feel that they belong. Combining history and heritage with immersive opportunities in a totally unique location." Dalriada Kingdom Tours and The National Trust Mark Rogers mark@dalriadakingdomtours.co.uk +44 (0) 7752 659202 dalriadakingdomtours.co.uk

Ciara McClements ciara.mcclements@nationaltrust.org.uk +44 (0) 7795 665301 nationaltrust.org.uk/giants-causeway

> Location: National Trust Carrick-a-Rede, 119a Whitepark Rd, Ballintoy, Antrim, Ballycastle BT546LS

Book online, or contact via Giant's Causeway Booking Office on +44 (0) 28 2073 1855 or email NorthCoastBookings@nationaltrust.org.uk Min 2 Max 8

Correction & Scool

Feel the wind in your hair on this early morning fishing trip in the Atlantic Ocean.

It's early in the morning when the skipper welcomes you aboard for a fishing trip in the Atlantic Ocean, along the rugged coastline of the Causeway Coastal Route.

There is a sense of freedom and escape, and the crew of the boat are full of local knowledge and stories. But you are here to fish for your breakfast! You reel in the fish and then it's off to our welcoming local chefs, ready and waiting to lay out a home-cooked breakfast to match your appetite – with, of course, your fish as the centrepiece.

"So much of our history and food heritage comes from the sea... it's all about our people, our passion and our place." Causeway Coast Foodie Tours Wendy Gallagher wendy@causewaycoastfoodietours.

> com +44 (0) 7912 408256 causewaycoastfoodietours.com

Location: Portstewart Harbour, 8 Harbour Pl, Portstewart BT55 7TD

Book online at causewaycoastfoodie tours.com/catch-and-sea. All tours must be pre-booked Min 1 - For private tours Min 6 - For public tours Max 24 - For group tours

Monders of Dand & Sea

Out on Brian's 11 metre rib, you'll get a whole different experience of the Causeway Coast.

This is an exhilarating boat trip from the lovely town of Ballycastle. From your fast boat you'll get fantastic up-close views of famous landmarks like the Carricka-Rede Rope Bridge and the Giant's Causeway.

See the dramatic Causeway columns as they rise up from the sea to meet the cliff paths around the five-mile World Heritage

Site. Discover castle ruins, mysterious caves, hidden bays and secret waterfalls. Be sure to keep your eyes peeled for basking sharks, dolphins, seals, porpoises, cormorants and guillemots during your voyage.

With the help of our expert National Trust guide, this rugged coastline is brought to life with tales of bravery, love and loss. You are guaranteed to disembark with a renewed sense of adventure! The National Trust and Ballycastle Sea Tours Ciara McClements Ciara.mcclements@nationaltrust.org.uk +44 (0) 28 2073 3419

Book online or contact via Giant's Causeway Booking Office on +44 (0) 28 2073 1855 or email NorthCoastBookings@nationaltrust.org.uk Min 2 Max 12



Diggination of the second seco

Join the warm and welcoming Bakehouse cookery school for a bread and gin making masterclass in this charming foodie experience.

On arrival, Bronagh Duffin will have refreshments ready for you to enjoy, before bringing you through the basics of bread-making, from stirring and kneading to choosing what goes into your one-of-akind loaf. As your dough rises in the oven, Bronagh will lead you into the surrounding area to forage for seasonal berries, sloes, and other botanicals to make your gin come to life.

Back in the Bakehouse, you'll feed gin and sugar to your little harvest in sterilised glass jars for a taste that's perfect for your palate, before tucking into your warm loaf spread with local butter and a delicious bowl of homemade soup while Bronagh makes you feel like a member of the family. Bakehouse NI Bronagh Duffin bronagh@bakehouseni.com +44 (0) 7900 806480 bakehouseni.com

> Location: Bakehouse, Bellaghy, Magherafelt Co. Londonderry

Book online or contact directly Min 2 Max 10

States & Alexandree & Alexandre

Wrap yourself in the stars.

Boasting the darkest sky in the heart of ancient Ulster, spend the evening and night at the foothills of the Sperrin Mountains by the edge of Davagh Forest and the Beaghmore Stone Circles.

A local story-teller will tell you about the stones and how they were first discovered, then make your way towards the OM Observatory for an even closer look at the breath-taking wonders above. The observatory's astronomers will guide you through an interactive Solar Walk to the site's hi-tech telescope, before a spectacular film experience on the outside of the building itself.

But your stargazing doesn't have to endthe nearby Sperrin Glamping Village lets you sleep under the stars too. Lay down in comfort and watch the night sky through the glass roof overhead. OM Dark Sky Park and Observatory Mary McKeown omdarksky@midulstercouncil.org +44 (0) 28 8676 0681 omdarksky.com

Location: OM Dark Sky Park and Observatory, 155 Davagh Road, Cookstown, BT79 8JQ

> For groups contact via phone or email Min 2 Max 20

The Obser ratory

Wild Atlantic Distillery Tours, Cocktall Gin & Vodka School

Discover a unique distillery, just 15 miles from the Wild Atlantic Way.

Your tour begins with a Wild Atlantic Irish gin and tonic and a short talk from your guide. You'll hear our distillery's story and learn about the traditional production methods that we use. Then we'll take you behind the scenes to see how we craft our spirits, before a neat tasting of our full range and a Wild Atlantic Distillery cocktail in our stylish tasting bar. For the ultimate gin enthusiast's experience, enrol at our gin school. After a distillery tour, you'll get expert tuition from our distillers, then it's time to create your own gin.

Distil your very own gin using an authentic miniature copper pot still, then fill your bottle, name your gin and apply your personalised label!

Wild Atlantic Distillery

Jim Nash info@wildatlanticdistillery.co.uk +44 (0) 28 9600 2525 wildatlanticdistillery.co.uk

Location:

Wild Atlantic Distillery, 20 Trienamongan road, Aghyaran, <u>Castled</u>erg, Co. Tyrone, BT81 7XF

For groups contact via phone or email. For private bookings please contact by phone or at info@wildatlanticdistillery.ie Min 5 Max 10



Cochie (

Tuck into some foodie delights on your guided spin with Far and Wild.

If you've got an appetite for discovering great food and learning about local culture too, this is the tour for you.

With a focus on quality local produce, Far and Wild's culinary partners vary with the seasons, ensuring only the freshest, in-season dishes waiting for you at each stop. You'll be guided through the city at a leisurely pace allowing you to let your curiosity wander as you learn about local culture. Far and Wild are always happy to tailor the tour to your personal interests and comfort levels.

If you love urban exploration and are looking for an opportunity to see the city from a new perspective, the Far & Wild Foodie Cycle tour is it! Far & Wild Lorcan McBride hello@farandwild.co.uk +44 (0) 7775 911198 www.farandwild.org

Location: St Columbs Park House, 4 Limavady Rd, Co. Londonderry

Book online or contact via email or phone for group bookings

Experience the biggest lake in Ireland and Britain in the company of real fishermen who have lived on and fished the lough for 7 generations.

Discover some of the secrets of Lough Neagh with seventh-generation fisherman Gary on board his own passenger boat.

You'll learn about the unique fish that live here, like the Lough Neagh Eel and the Lough Neagh Pollan. But Lough Neagh can put you in touch with your spiritual side too. Hear from Gary about the ancient pilgrimage site of Cranfield church and holy well. There's even a chance that Lough Neagh will inspire you to write a poem or two. Well, it certainly had that effect on Nobel laureate Seamus Heaney. Lough Neagh Tours Anne-Marie McStocker info@loughneaghsstories.com +44 (0) 7561 411494 +44 (0) 7900 872169 loughneaghtours.com/lough neagh-stories-boat-tours/

Location: Ballyronan Marina, 135A Shore Rd, Ballyronan, Magherafelt BT456JA

Book online or contact via email or phone for group bookings Min 1 Max 12



Experience the North Coast from the perspective of Finn McCool, looking down on the world famous Antrim Coast.

Leave the world behind on an enthralling tour of the Causeway Coastal Route with Northern Ireland's premier helicopter charter company, Cutting Edge Helicopters.

On your 60-minute flight experience, you'll enjoy stunning aerial views including the spectacular Downhill beach, Mussenden Temple, the Giant's Causeway and Carrick-a-Rede Rope Bridge, as well as filming locations from the iconic series, Game of Thrones®.

Taking off from City of Derry Airport, you'll gaze down from the heavens on the breath-taking scenery of the Causeway Coastal Route – so take plenty of photographs! Your pilot will fill you in on the local tales all along the way too, and don't be afraid to ask questions, they love a wee chat! Cutting Edge Helicopters Jason Porter info@cuttingedgehelicopters.com +44 (0) 28 7181 2555 cuttingedgehelicopters.com

> City of Derry Airport, Airfield Road, Eglinton, BT47 3GY, Co. Londonderry

Location:

Contact to book via email or phone Min 1 Max 30 Larger numbers accomodated in multiple flights





Cookery Schoo

too.

Be inspired with a mix of contemporary and traditional ideas on homemade baking and cooking.

Absolute beginner or seasoned cook, there's a class for you here in Mary Anne Mackle's homely kitchen. Under her expert recipes to take home and try for yourself guidance, you'll sharpen your culinary skills and techniques in a fun, friendly and relaxed environment.

Classes are on Saturdays. They're a combination of demonstration and hands-on experience and everyone is encouraged to get stuck in. Learn traditional Irish baking or get creative with your cakes. There's kids' classes too.

Whatever you make is yours to keep. You'll have a selection of great, tried and tested

You'll also enjoy a welcome break midmorning for tea and scones. There's sure to be a bit of 'craic' thrown in for good measure!

Wee Buns Cookery School Mary Anne Mackle maryanne@weebuns.com +44 (0) 7739 556408 weebuns.com ocation: Moy Village, Co. Tyrone, BT717DY

Book online or contact via email or phone for group bookings Min 2 Max 12

A CONTRACTOR OF A CONTRACTOR O

Explore ancient ritual sites and habitats in the Derg Valley with a qualified landscape guide and ecologist.

Join Martin Bradley on a visit to sites that were sacred in Bronze and Iron Age Ireland; from the tombs and standing stones, to the quaking bogs and other places of powerful magic.

You'll visit sacred wells, whose waters would protect you from harm and ill health, and hear about bog bodieshuman bodies which have been mummified by the habitats that they have lain in for thousands of years.

The preservation of these bodies happened naturally, but the way in which these people met their death did not. Hearing Martin relate stories of deliberate injury and ritual human sacrifice may make you shiver, but they're certain to exert a powerful force on your imagination too. Foyle Trails Martin Bradley info@foyletrails.com +44 (0) 7926 785706 foyletrails.com/trails/

Location: Meeting point can vary to suit the group, experience located in West Tyrone

Book online or contact via email or phone for group bookings Min 2 Max 10







Sheepdogs at work

From the moment visitors pull up they immediately absorb the fresh, clean mountain air with panoramic views tapping into their senses and emotions.

Jamese McCloy is a fourth-generation shepherd who wants to show people sheep farming and particularly his highly trained team of working sheepdogs in the beautiful landscape of the Sperrin Mountains.

Jamese points out Slemish Mountain in the distance, and tells the story about

Saint Patrick, Ireland's patron saint, who was a shepherd there.

It's a good tale well told and a reminder that 1,500 years later farmers are still herding sheep here. But the main stories here are about the animals and the farming life.

It's his relationship with his dogs that's most striking. Seeing them up-close, working together, communicating using body language, whispers and whistles, is amazing. Glenshane Farm Jamese McCloy info@glenshanecountryfarm.com +44 (0) 7979 860070 glenshanecountryfarm.com

> Location: 5 Lisnamuck Hill, Maghera, Co. Londonderry, BT465LB

Book online or contact via email or phone for group bookings Min 1 Max 60







Unlocking the Walled City

The great walls of Derry-Londonderry, Ireland's only fully intact walled city, have witnessed centuries of drama.

Fortunately, however, this most vibrant, friendly and diverse city is as full of storytellers with unforgettable stories from inside and outside the walls that will make you see the place from many perspectives.

As you walk along and beside the walls your guides highlight key points and unlock stories going back hundreds of years. They reveal what important events, such as the Plantation, the Siege, Emigration and the Troubles, that changed Irish, British and European history, meant for Derry-Londonderry's people and reflect on their present-day legacy.

"Visitors are welcomed into the city with open arms, the big-hearted welcome from our locals is colossal and unlike anywhere else in the world." Visit Derry Maria Mc Dermott Maria.mcdermott@visitderry.com +44 (0) 28 7137 7577 visitderry.com/things-to-do/tours/ unlock-the-walled-city-tour visitderry.com/Unlock-the-Walled-City

> Location: 1 Waterloo Pl, Co. Londonderry, BT48 6BT

Book online or contact via email or phone for group bookings Min 2 Max 20

Discover Beaghnore

Enjoy a fun-filled experience full of history, mythology and storytelling, picnic included.

Join local expert Hugh McCloy for a guided tour of Beaghmore Stone Circles complete with an energy walk and onsite picnic.

Hugh will explain how these stones are a portal into Ireland's Ancient Past. Set deep in the Sperrin Mountains they're said to be the birth place of mythical creatures and giants. Where better to immerse yourself in stories of Irish mythology? You'll discover the history of the real Sperrin Mountain giants. Learn ancient techniques to track the stars and the moon. Channel the ancient power of Ireland with an Energy Walk over ancient ley lines.

Afterwards you have the option of taking a short trip to the Shepherd's Rest Pub for more storytelling and refreshments. Embrace Tours Hugh McCloy experience@embrace.tours +44 (0) 7754 394532 embrace.tours

> Location: 62 - 64 Blackrock Rd, Cookstown, BT80 9PA

Book online or contact via email or phone for group bookings Min 2 Max 50

Sessions Descriptions Honepigee

Discover a place made of words, and words made of a place.

Seamus Heaney shows you the heart of rural Northern Ireland more clearly than anyone else – or so they say around Bellaghy where he was born. They don't just mean his Nobel Prize winning poetry, although that speaks calmly and deeply of his connections with home, family, and people. Heaney himself demonstrated the values, charm and character of his home to the world. The beautiful visitor centre is the perfect place to discover (or rediscover) the man and his work. Hearing the extraordinary words read by the poet himself, in the area where they were forged, is a truly emotional experience.

"Visitors are welcomed into the city with open arms, the big-hearted welcome from our locals is colossal and unlike anywhere else in the world." & Place



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had my existence. I was then

Seamus Heaney HomePlace Maria McCann-Russell Maria.McCann-Russell@midulstercouncil.org +44 (0) 28 7938 7444 seamusheaneyhome.com

> Location: 45 Main Street, Bellaghy, BT45 8HT

Book online or call box office to book Max 60





The O'Neill was the head of one of Ireland's most powerful dynasties.

This was a family which could number two high kings among its members. The hill you can stand on today was the centre of their power base.

At the top there are breath-taking panoramic views from the glass observation tower. Seven of the nine counties of Ulster are clearly visible. Imagine that, like the O'Neill, you were lord of all you survey! Join us next door in Ranfurly House where the story of this remarkable place to be told in our multi-media exhibition. There's no better place to find out about it than right here, and our friendly guides can answer all your questions about the most powerful chieftain in the land. Hill of the O'Neill Joanne Robinson ranfurly@midulstercouncil.org +44 (0) 28 8772 8600 dungannon.info Location: 25 Market Square, Dungannon,

> Book on website or contact directly for groups. Max 12 Can accommodate multiple groups simultaneously

Co Tyrone, BT701AB

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The best way to see the Causeway Coast and Game of Thrones locations? From a boat!

Welcome aboard Aquaholics Game of Thrones® Sea Safari. Get ready to see the see the Causeway Coast from a completely different perspective!

Witness the dramatic Causeway columns as they rise up from the sea, the chalk cliffs at White Rocks and Dunluce castle way up above us. Discover hidden bays and waterfalls and the Skerries – secretive

islands that are a site of special scientific interest.

You'll see many of the amazing locations that were used for Game of Thrones® and discover some behind-the-scenes secrets from Aquaholics staff who worked on the show. Maybe there'll be some cormorants and guillemots to keep us company. Keep your eyes peeled for dolphins and seals – perhaps even a basking shark or a porpoise! Aquaholics Richard Lafferty info@aquaholics.co.uk +44 (0) 28 7083 2584 aquaholics.co.uk **CUAHO**

AQUAHOUS

Location: 14 Portmore Road, Portstewart, BT55 7BE

Book online or contact directly

Belfast International Airport County Fermanagh & Armagh Belfast George Best Belfast City Airport City of Derry Airport **Dublin** Belfast Harbour f. ÷ Port of Larne perry ~Londonderry Belfast is only 2hrs 37 Blossom to Bottle from Dublin Armagh Cider Co. 38 Island Discovery Erne Water Taxis 39 Boatyard Distillery Tours Boatyard Distillery 40 Hands-On Belleek **Belleek Pottery** Belfast 41 Pelve into the Peep Marble Arch Caves 42 Enniskillen Taste Experience Enniskillen Food Tours 40 39 43 Long Meadow Cider Farm Tour & 42 Enniskillen Taste Experience 43 **Tasting Experience** Hands-On Belleek Long Meadow Cider Farm Tour & Tasting Experience 38 Longmeadow Cider **Boatyard Distillery Blossom to Bottle** Island Discovery 41 Delve into the Deep

BIOSSON TOBOTIO

See what apples go through to get into your glass!

The Troughton family are all about apples - but not just any old apples. They have grown the unique and internationallyrecognised Armagh Bramley apple for over 100 years and recently recreated the craft of turning them into award-winning ciders.

The Troughtons love their apples. They're enthusiastic storytellers and extraordinary guides. Visitors gain real insights into the

skills needed to create a great orchard and to make the most of the fruit.

Your tour includes everything 'from blossom to bottle'. You'll visit the beautiful orchards where the story starts, the mill where the apples are pressed and the hall where their juice is bottled.

Tasting the range of ciders and apple juices with your expert quide is an education that will enliven your taste buds and sharpen your palate.

MADDEN COMPANY MADDEN SOM Armagh Cider Co. Helen Troughton info@armaghcider.com +44 (0) 28 3833 4268 www.visitballinteggart.com

AGH CIDE

Location: Drumnasoo Rd, Craigavon, BT62 4EX

Book online or contact via email or phone for group bookings





Second Discover

Explore beautiful waterways and the monastic site of tranquil Devenish Island.

Experience the Fermanagh Lakelands from the water when you hop aboard Barry Flanagan's boat for an exploration of Lough Erne. Date the about the lough's mary islands, once home to thriving communities. On Devenish Island you will experience the peace of the sixth century monastery. It's

There is no set itinerary and countless possibilities. Starting from Enniskillen, Ireland's only island town, Barry will choose your route based on his knowledge of the seasons, the lough's changing currents and the movements of wildlife.

As you travel, he will show you secretive creatures such as kingfishers. He also has intriguing and poignant stories to tell about the lough's many islands, once home to thriving communities.

On Devenish Island you will experience the peace of the sixth century monastery. It's a very special place: calm, tranquil and far, far removed from the pace of the modern world. Erne Water Taxis Barry Flanagan info@ernewatertaxi.com +44 (0) 7719 770588 ernewatertaxi.com

Location: Castle Museum Jetty, Enniskillen, BT74 7HL

Book online or contact via email or phone for group bookings Min 8 Max 12







BOORSTORE CONTROLOGY

Discover the true spirit of Fermanagh by the shores of beautiful and majestic Lough Erne.

Lough Erne owes its name to the goddess Érainn, a powerful spirit once worshipped by the local tribe. Now its shores harbour spirits of a different kind.

Four varieties of gin and one vodka, in fact. They're made here on the premises. So naturally your tour will start with a gin and tonic. On your visit you'll discover how founder Joe McGirr uses traditional techniques in contemporary ways to make his Boatyard Double gin. You'll hear how his recipe uses a native botanical that Joe's brother Brian grows on the family farm. How's that for local provenance?

Your expert guide will reveal the history and origins of the boatyard distillery. You'll hear about Joe's dream of starting a distillery in his beloved Fermanagh and you'll see how he made it happen. Boatyard Distillery Joe McGirr tours@boatyarddistillery.com +44 (0) 7757 219431 boatyarddistillery.com

Location: 3 Tullybay Marina, Drumcrow East, Enniskillen, BT93 7DX Book online or contact via email or phone for group bookings Max 40



Hands-on Block Color

Discover the craft behind the worldfamous Belleek pottery.

Belleek Pottery is a local company with a global name and fan base. Even if you don't know their name, you are very likely to know their products or someone in your circle will have some.

The factory has been part of the Fermanagh landscape for over 160 years and remains a very human firm, proud of its traditions. They say that every Belleek piece passes through 16 pairs of hands. On your tour with a local guide you can see all those hands at work in the production process and talk to the craftspeople. Then you can be a 17th pair of hands and have a go at making and painting part of a piece of Belleek Parian China. Your piece will be fired and shipped on to your home address. Belleek Pottery Patricia McCauley takethetour@belleek.ie +44 (0) 28 6865 8501 belleekpottery.ie

> Location: 3 Main St, Belleek, Enniskillen, BT93 3FY

Email takethetour@belleek.ie directly to book. This experience is only available Mon-Fri Min 2 Max 20

Explore an underworld labyrinth of caves, sinkholes and subterranean rivers deep below the green fields of Fermanagh.

These are the Marble Arch Caves, a world 340 million years in the making. In the heart of the UNESCO Global Geopark, they form a natural network of rivers, waterfalls, winding passages and beautiful lofty chambers.

The Guided Cave Tour takes you far into their depths. Our enthusiastic guides

will lead you through awe-inspiring passages and help you to understand the extraordinary geological processes at work here.

The Virtual Reality Experience takes you even deeper on a journey of the imagination. Feel your senses awoken. See areas of the cave rarely viewed by human eyes. Immerse yourself in the serene ambience deep, deep underground. The secrets of the cave are waiting to be unearthed. Marble Arch Caves Kate McGrath mac@fermanaghomagh.com +44 (0) 28 6632 1815 marblearchcaves.co.uk Location: 43 Marlbank Rd, Enniskillen, BT92 1EW

Book online or contact via email or phone for group bookings. Min 1 Max 21

Taste the best of Fermanagh's local produce with local foodie Mark Edwards.

On this gourmet tasting tour you'll sample over 20 food and drink specialities unique to County Fermanagh.

Your local guide will introduce you to award-winning producers and family-run businesses who are passionate about what they do.

Beginning at the iconic Enniskillen Castle, you'll explore hidden alleyways. You'll

seek out the resident baker, discover the heritage of the 19th century butter market and taste locally produced artisanal gin and craft beers.

Try Joe the Baker's sour dough, Pat O'Doherty's famous black bacon, Tickety Moo Ice cream, Boatyard Gin, Sharon's mouth-watering scones, Innishmacsaint beer and much more! Get to meet the local legends who can tell stories of Enniskillen like no one else! You'll finish on a high with the brilliant chef and business owner Glen Wheeler, producer of some of the finest food in Fermanagh. Enniskillen Food Tours Mark Edwards info@enniskillentasteexperience.com +44 (0) 7734 055452 enniskillentasteexperience.com

> Location: Castle Barracks, Enniskillen, BT74 7HL

For the full premium tour, guests can book through the website. Bespoke tours can also be organised for private groups. Min 4 Max 22

Long headow Cider Science Tour & Tasting Experience

Sample hand-crafted ciders, apple juices & cider vinegars created by three generations of the McKeever family.

Your tour begins among the trees of the orchard of the Mckeever's 28-acre farm near Loughgall village. Here the family have been growing apples for over 50 years. Since 2014 they've been making the cider from these apples – cider which has won many prestigious awards. From the orchard you'll follow the apples' journey all the way from branch to bottle. See how the famous Bramley apple is grown and harvested. Then make your way to the cider premises. Here you'll see how the apples are hand-pressed to make artisan ciders, apple juice and apple cider vinegar.

You'll discover how the fermentation process works too. Plus you'll get a bottle of one of the McKeever's lovely ciders to take home too! Longmeadow Cider Catherine McKeever Info@longmeadowcider.com +44 (0) 7876 684993 longmeadowcider.com

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CIDER

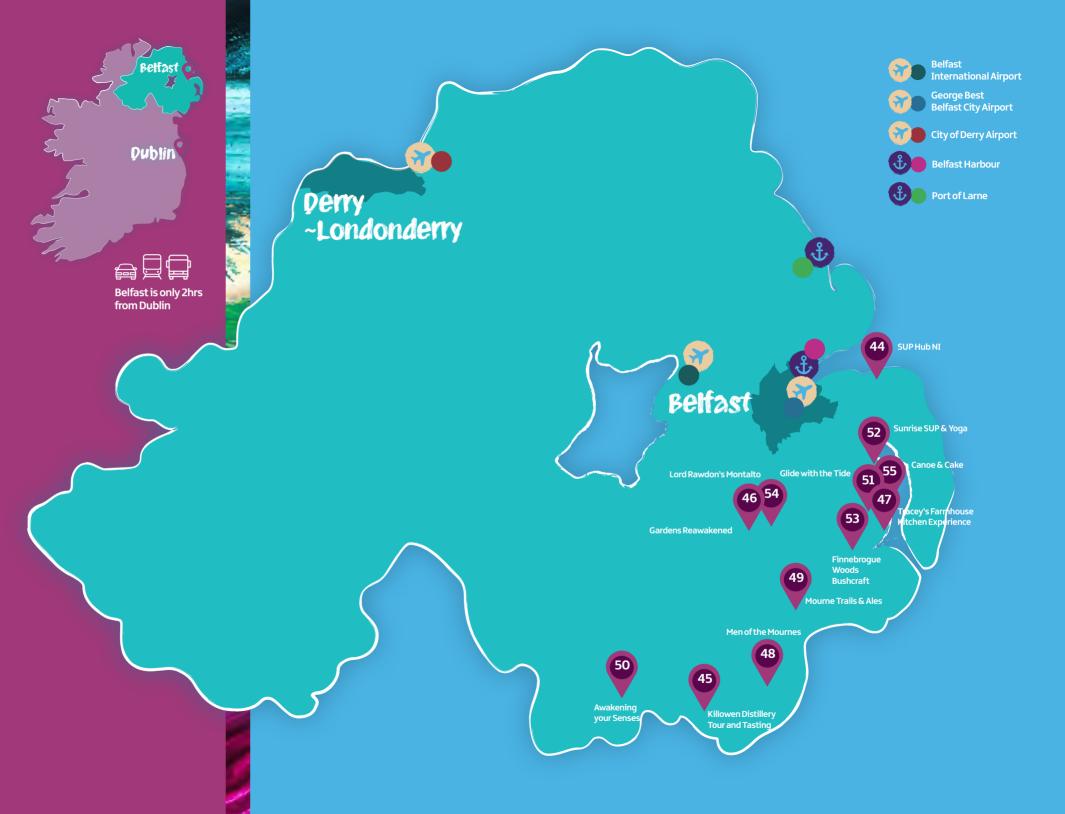
APPLE JUICE

Location: Long Meadow Farm, 87 Loughgall Road, Portadown, Co Armagh, BT62 4EG

Book online or contact via email or phone for group bookings Min 6 Max 50

County DOMM

- 44 SUP-niC (SUP & PiCnic) SUP Hub NI
- 45 Killowen Distillery Tour and Tasting Killowen Distillery
- 46 Gardens Reawakened Montalto Estate
- 47 Tracey's Farmhouse Kitchen Experience Tracey's Farmhouse Kitchen
- 48 Men of the Mournes Walk the Mournes
- 49 Mourne Trails & Ales Life Adventure
- 50 Awakening Your Senses Xhale
- 51 Glide with the Tide Mobile Team Adventure
- 52 Sunrise SUP & Yoga Strangford Lough Activity Centre
- 53 Finnebrogue Woods BushCraft Finnebrogue Woods
- 54 Lord Rawdon's Montalto Montalto Estate
- 55 Canoe & Cake Mobile Team Adventure & Tracey's Farmhouse Kitchen



SUP & PICNCO

Whet your appetite for some delicious local grub with an unforgettable paddleboarding experience.

Astride your paddleboard, you'll have the best seat in the house to enjoy a succulent gourmet lunch.

The folks at SUP Hub have been leading paddleboarding groups for years, and decided to mix things up with with a dining experience suitable for all levels of paddlers, with the focus firmly on enjoying the experience, the scenery, and the food! Expert guides are at hand to show you the ropes of paddleboarding and point out areas of interest along the beautiful coastline. It's an inspired way of showcasing the local sites as well as the local food, providing you with a stunning backdrop for your picnic courtesy of the Guillemot kitchen! SUP Hub NI Jain McCarthy Info@suphubni.com +44 (0) 7984 798388 suphubni.com

Location: Marina, Quay St, Bangor, BT20 5ED

Book online or contact via email or phone for group bookings



KANOME DISTINCT TOUR AND TOUR AND TOUS TING

Discover a contemporary take on a timeless tradition in the heart of the beautiful Mourne Mountains.

Inside our traditional small batch distillery, we'll explain how we make our pot still Irish whiskey and gin. Which, naturally, we'll be inviting you to taste - in an appropriately comfortable setting.

Fancy some poitín? Killowen Poitín uses a recipe from a local Mourne family that has been handed down from generation to generation.

On your tour we'll also be sharing so the ingredients that go into the making of an Irish whiskey that is true to tradition: oats, wheat, unmalted & malted rye and green malt.

Also true to tradition is the live music you'll enjoy at the end of your tour. That's the way we like to do things in Killowen. We think you'll like it that way too.

Killowen Distillery Brendan McCarty brendan@killowendistillery.com +44(0)7727747959 killowendistillery.com

Book online or contact via email or phone for group bookings Min1Max8



Location: 29 Kilfeaghan Rd. **Killowen Ireland** -----

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Opening its doors for the first time in 400 years, Montalto Estate has a range of seasonal walks and gardens to ensure the grounds are always looking their best no matter the time of year.

With a whole range of different gardens coming into bloom at different stages throughout the year, there's never a bad time to see the natural beauty on display

here.

The brainchild of "The Father of Irish Gardening" Sir Arthur Rawdon, the grounds are also home to an impressive collection of exotic plants, with a wealth of captivating walks and trails.

In addition to the splendid gardens there's also a play area for kids, as well as the elegantly decored (not to mention delicious!) café. We also have it on good authority that Afternoon Tea in the Chinese Room is to die for too! Montalto Estate Laura Johnston laura.johnston@montaltoestate.com +44 (0) 28 9756 6100 montaltoestate.com

> Location: Spa Rd, Ballynahinch, BT248PT

For group bookings please email info@montaltoestate.com Min 15 Max 30 Multiple groups can be accommodated simultaneously.

Tracey's Famhouse Kitchen experience

It's a shared moment that visitors can only experience in Tracey's home: they arrive as strangers and leave as friends.

When Tracey welcomes people into her thatched cottage, they step right into the warm, generous spirit of Northern Ireland. They roll up their sleeves, put on an apron, and before long are mixing and kneading dough for soda and wheaten breads in the traditional way. The day is full of chat, banter and local stories, mostly about the farming community of this beautiful landscape on the western shores of Strangford Lough.

In Tracey's Kitchen, people make friends as well as bread. No one leaves emptyhanded. Guests take away the bread they griddled, a pack of ingredients and recipes and, if there are any left, some of Tracey's cakes and scones. This is true Northern Irish hospitality.

UNDERLINED

Tracey's Farmhouse Kitchen Tracey Jeffery info@traceysfarmhousekitchen.com +44 (0) 7711 484850 Traceysfarmhousekitchen.com

> Location: 52a Ballymorran Rd, Newtownards, BT23 6UD

> > Book on website Min 2 Max 50

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If these stones could speak, they'd tell tales of hermits, smugglers and fugitives...

Playing an important role in the legends of both Finn MacCool and Cú Chulainn, the Mourne Mountains are a place to take in wide views of summits and spectacular valleys, to breathe deep and relax in the mountain atmosphere.

Expert mountain guide, Peter Rafferty shows you all this and more. He stretches your imagination as well as your legs and your horizons. He takes you back to the times when the mountains echoed with the sound of handpicks., and whispers stories and legends of local smugglers in their secret caves. Peter fills the quiet, empty mountains with stories.

"You'll look out to sea and see a giant landscape in front of you... every step forward you're more astounded by how beautiful it is." Walk the Mournes Peter Rafferty peter@walkthemournes.com +44 (0) 7974 768831 walkthemournes.com

> Location: Carrick Little, Head Road, Annalong, Co.Down

For groups please call or email Peter Min 1 Max 12

A A B S

Nourish mind, body and soul as you explore the majestic Mourne Mountains on an electric bike.

Feel awesome with Mourne Trails & Ales Tour, an adventure through one of Northern Ireland's most beautiful regions, with the added buzz of electric bikes.

This tour takes you along Forest Park's established, exciting and sustainable forest bike trails. With the help of your guide, you will also explore the fascinating early history of the Annesley Estate and its influences on some of the world's most celebrated food and drink.

The tour concludes with a visit to the Whitewater Brewery, where you can sample a selection of local craft beers and food specialities.

Take your exploring up a gear, and saddle up for the Mourne Trails and Ales Tour! Life Adventure Martin McMullan martin@onegreatadventure.com +44 (0) 28 4377 0714 onegreatadventure.com

Location: The Grange Yard, Forest Park, Castlewellan, BT31 9BU, County Down Northern Ireland

> Contact directly for group bookings Min 4 Max 24

Awakening Your senses

Deepen your Mindfulness Practice through forest bathing in the magic of the Ring of Gullion.

Meditation Coach Ann Ward, your Forest Bathing Guide on this unique experience, is the perfect guide to support you in awakening your senses and in deepening your reconnection with nature.

Forest Bathing is just one of the experiences Ann offers, and a proven way to relieve stress and boost your immunity. Bathe your senses in the forest

environment, breathe in the rich smells of bark, and allow sun-dappled leaves above wash over you.

Ann's creative healing space in nearby Meigh village is the perfect place to relax and continue to awaken your senses over a locally produced seasonal three-course lunch. Then you'll gently end the day with a guided meditation, taking the gift of mindfulness home with you. Xhale Ann Ward ann@xhale.biz +44 (0) 7816 835147 xhale.biz

Location: Slieve Gullion Forest Park, 89 Drumintee Rd, Meigh, Newry BT35 8SW

For booking contact xhale. biz/immersive-experience/ awakening-your-senses Min 6 Max 10

Chide with the Tide

A unique way to discover a unique marine environment and its riches.

Taking out a kayak is a beautiful way to explore Strangford Lough. Gliding softly along brings you closer to the lough's wildlife, including seals, wild geese, and otters.

Beginners are in safe hands with guide John Hubbucks, a kayak expert who knows Strangford Lough intimately and can help you explore its crystal-clear water, islands and inlets. To top it all off, he is a trained chefdon't miss out on the amazing Irish smorgasbord we will create with you, including some of the finest foods from local Strangford producers.

"Visitors get up close and personal with Strangford Lough: see, smell, taste and feel the Lough, its beauty and wildlife in a truly immersive way." Mobile Team Adventure John Hubbucks info@mobileteamadventure.co.uk +44 (0) 28 9064 6695 mobileteamadventure.co.uk

Location: Ballydorn Lightship, Ballydorn Rd, Newtownards, BT23 6QH

Book online or contact via email or phone for group bookings **Min 6 - Max 25** *Individuals can book on scheduled tours

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Limber up as the sun comes up. Glide across the peaceful waters of Strangford Lough at dawn and greet the day ahead with a guided yoga flow.

Feel your body and mind become as still as the gentle waters of Strangford Lough, Co. Down, as your thoughts drift and the stresses of everyday life float away.

As the waves and sounds of nature guide you, you might catch the crescendo of the dawn chorus or- if you're lucky- see the cheeky bob of a local seal. After stretching out any tensions, you will enjoy a locally sourced light breakfast before returning to shore.

All you need to bring is your yoga gear, swimwear for under the wetsuit, a towel, and something warm just in case. Your guide will provide the rest! Strangford Lough Activity Centre Rory Martin

info@strangfordloughactivitycentre.com +44 (0) 7907 721898 strangfordactivitycentre.com

> Location: 40 Whiterock Rd, Killinchy, Newtownards, BT23 6PT

Get back in touch with nature in the wildwood!

Finnebrogue Woods is the perfect habitat for learning the basics of bushcraft. Here you'll meet Rob, our bushcraft expert, at his camp.

You'll learn essential survival skills and campcraft, like how to build a shelter and how to make a fire, as Rob shares tales of his adventures. You'll be cooking your lunch on your campfire too! Like something a little different for lunch? Then foraging is for you. Rob knows exactly how- join him and he'll share his secrets!

Find out about the sort of kit you need, and discover what's good to eat and what's not. If you don't find quite enough to satisfy your appetite? Well, your lunch pack of Finnebrogue Dexter burgers & sausages will certainly fill the gap! Finnebrogue Woods Gillian Armstrong hello@finnebroguewoods.com +44 (0) 28 4410 3104 finnebroguewoods.com

Location: Finnebrogue Woods, 26 Killyleagh road, Downpatrick, County Down

Book online or contact via email or phone for group bookings Min 4 Max 12



Lora Randons Nonector

A majestic estate and a beautiful Georgian mansion are the setting for an unforgettable experience.

Lord Rawdon, the Earl of Moira, greets you as you arrive at the majestic Montalto Estate and welcomes you to his newly built house – and the year 1763. 250 years slip away as the Earl talks about his vision of Montalto and how he created this beautiful estate. An excellent, engaging and humorous guide, Lord Rawdon invites you to explore this beautiful and tranquil haven he has created for himself and his friends.

"The character of Lord Rawdon welcomes you to his 18th century Georgian Mansion. As an engaging and humorous guide, he will take visitors on a journey through the estate from its humble past to its enchanting present." Montalto Estate Laura Johnston laura johnston@montaltoestate.com +44 (0) 28 9756 6100 montaltoestate.com

Location: Spa Rd, Ballynahinch, BT24 8PT

For group bookings please email info@ montaltoestate.com Min 15 Max 30



Earn your treat in this unique collaboration between Tracey's Farmhouse Kitchen and Mobile Team Adventure.

This is a Wellness experience and combines two experiences in one. John from Mobile Team Adventure will be ready and waiting with his canoes where you'll join him on beautiful Ballymorran Bay, on the shores of Strangford Lough. Paddle around the little Islands on the Lough and immerse yourself in the beauty and tranquillity of your surroundings, meeting some amazing sea life on the way.

You'll have worked up anappetite and upon your return Tracey will be at the shoreline as you disembark. You'll take a 2-minute walk to her home where she will have warm breads as they come off the Griddle and her homemade jams, butters on the table waiting for you to tuck into! Mobile Team Adventure & Tracey's Farmhouse Kitchen John Hubbucks info@mobileteamadventure.co.uk +44 (0) 28 9064 6695 mobileteamadventure.co.uk traceysfarmhousekitchen.com

> Location: 52a Ballymorran Rd, Newtownards, BT236UD

Book online or contact via email or phone for group bookings **Min 6 - Max 26**

Heip is on hand to plan your next group Giant Adventure.

Embrace a Giant Spirit

Northern Ireland

Tourism NI Business Solutions team Email. businesssolutions@tourismni.com Phone +44 28 9023 1221 https://discovernorthernireland.com/travel-trade